

REV YOUR BEV MODEL POLICY

PREAMBLE

The _____ City/County School Board recognizes that water is an essential nutrient, and drinking water has been shown to improve students' readiness to learn by increasing hydration and cognitive function.

Providing students with access to drinking water can increase their water consumption and give them a healthy alternative to sugar-sweetened beverages during the school day.⁷

School administrators, teachers, staff, parents, and visitors serve as role models for students and can have a positive influence on the health of students. The _____ City/County School Board recognizes it has an obligation to promote positive role-modeling in schools and promote a healthy learning and working environment.

The _____ City/County School Board is committed to increasing school administrators, teachers, staff, and students' access to water during school hours and at before- and after-school activities to create healthy school environments and improve students' health and wellness overall.

WATER ACCESS AND PROMOTION

The school division shall provide all students (including those with disabilities), teachers, and staff with easy, age-appropriate access to clean, safe drinking water free of charge at every school campus throughout the school day and before and after school activities.

The school division will actively promote free, safe, potable drinking water at every school campus throughout the school day, during before and after-school activities at the following locations: where meals are served, high traffic and common areas, gyms, outdoor physical activity spaces, and faculty lounges.

Water sources, containers, and cups will be made available in the cafeteria if a drinking fountain is not present. All water sources and containers are maintained regularly and meet established hygiene and health safety standards. Such sources and containers may include drinking fountains, water containers, hydration stations, water jets, and other methods for delivering drinking water.

Students will be allowed to bring and carry (approved) water bottles filled exclusively with water throughout the day, including in the cafeteria during mealtimes. Students are allowed to take their reusable water bottles into the classroom except into the library, computer or science labs. *Misuse of bottles will be subject to disciplinary action.*

REV YOUR BEV MODEL POLICY (CONT.)

COMMUNICATION AND IMPLEMENTATION

The school administration will develop a communication plan to promote and inform teachers, staff, parents, and students about the policy, including information in student and employee handbooks, making the policy accessible on the school website, periodic announcements during the school day, and sending a memo to school staff.

The school division will post water promotion posters in school buildings and on school property in visible, prominent locations to promote and support schools' messaging on healthy hydration.

The school division will ask and encourage school administrators, teachers, and staff to drink water around students to model healthy behaviors.

Each school division will be responsible for appointing a member of key personnel to oversee implementation of the policy, such as a school wellness coordinator, school nurse, counselor, health/fitness coach, etc.

Through the implementation and communication of this policy, the school district will create an environment that supports opportunities for improving water access and water consumption.