

# **SUPPORTING VIRGINIA'S SCHOOLS**

To support your efforts in promoting water consumption and access, the Rev Your Bev Campaign is offering schools and school divisions the following FREE resources:

#### FRUIT INFUSED WATER DISPENSERS



Unveiling of Charlottesville High School's Hydration Station.



### WATER BOTTLES OR CUPS

## WATER PROMOTION POSTERS





#### REV YOUR BEV COMPREHENSIVE STANDARD CHECKLIST The Vignics foundation for Healty floath has we first comparison and schedul and schedul divisions can provide detailing weter access and provide weter accessible and and beat all. Belaise to a checklist and and an protection is a supporting weter access and provide weter comparison.

#### BEST PRACTICES FOR PROMOTING HEALTHY HYDRATION

- School division leadership and administrators:
- Encourages staff, teachers, and administrators to model healthy behavior
   States that the school division will provide all students, teachers, and staff
- sofe, and goodsstrag diriking water free of charge.\*\*\*

  Requises that free water will be available throughout the school day, after school, and during physical activity including:

  When water are near their tariffer and ramano rama, such as scholar chains a training and the school school and the school school and the school scho
- ord focshy longes and;
   ord focshy longes and;
   dubing water scores, containers, and caps analisable ii water foortains are not present.\*\*\*
   dontains water scores and containers regularly to essure flere is no talentaction or debris.
   Alcows students to bring water tobers, filled with water, to sue.
- Allows students to bring water boths, filled with water, to use.
  Specifies a communication plan to inform the school community of the wellness policy.
  Appoints key personnel to oversee and support such policy in all schools in the division.
- Requires signs promoting water consumption be placed in strategic locations.\*\*\*

Best Practices for Promoting Healthy Behavior.



- Model Policy Language for School Divisions' Wellness Policies
- Best Practices Checklist
- Communication Tools such as Social Media Posts
   & Sample School Announcements
- A Guide to Role Modeling Healthy Behavior



