

# BEST PRACTICES FOR SUPPORTING WATER



## What are you doing at your site?

(please circle best answer)

My site has a written policy stating that:				
Free, safe, unflavored drinking water will be available to all students throughout the school day at every school campus.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future
Drinking water will be available where meals are served during meal times.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future
All water sources and containers will be maintained regularly to ensure good hygiene standards.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future

My site has a supportive environment for drinking water by:				
Providing water sources or containers that are accessible to students and staff (i.e. water fountain, hydration stations, water jugs, etc.).	Currently Implemented	Not Implemented	Unknown	Will Implement in Future
Allowing students to have designated time for drinking water during class or in between class.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future

Our staff act as role models and encourage drinking water by doing the following on site:				
Only drinking healthy drinks in front of students.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future
Explaining to students why drinking water is important for staying hydrated & praising healthy hydration habits.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future

My site provides education about water consumption by:				
Using educational materials or signage.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future
Sending home newsletters (like the <i>Rev Your Bev Parent Newsletter</i> ), posting on social media, and/or hosting events to share information with parents.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future
Training staff about beverage best practices.	Currently Implemented	Not Implemented	Unknown	Will Implement in Future