



OVERVIEW

MAKE A SPLASH

INTRODUCTION

This Rev Your Bev Day is all about Making A Splash in the classroom, on the field and with friends! We're gearing up with a water recipe tasting, a Make A Splash banner to encourage kids to define how they're going to succeed this year, stickers for water bottles and more. Because when you fuel your body with water, you can really Make A Splash!

MATERIALS

- Gift card - to purchase some, if not all, of the ingredients found on the provided shopping list
- Recommended shopping list per the provided recipes
- MAKE A SPLASH banner
- Water droplet cutouts
- Cups
- Aprons
- Magnets

DAY OF ACTIVITIES

- Choose your favorite featured recipe, choose all three, or create your own.
- Shop for all ingredients and gather supplies.
- On November 12th or early on November 13th make your recipes.
- On November 13th, Rev Your Bev Day, set up the Rev Your Bev station in the cafeteria complete with a tasting table, banner, cups, stickers, and water cutouts.
- Invite students to taste the recipes and encourage them to write how they plan to "MAKE A SPLASH" this school year on a provided water droplet cutout. Ex: Make the varsity soccer team!
- Attach all droplets to the Rev Your Bev Make A Splash banner. The more the better.

